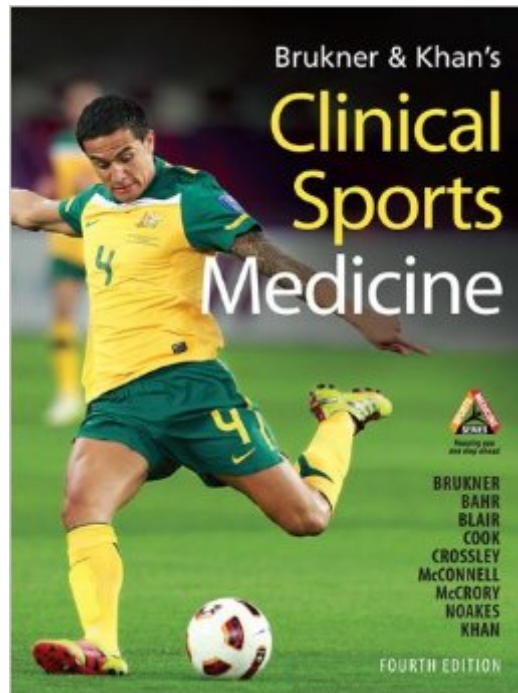


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# Brukner & Khan's Clinical Sports Medicine



## Synopsis

The Bible of Sports Medicine - Now enhanced by a new companion website! Brukner and Khan's Clinical Sports Medicine 4th Edition is the complete practical guide to musculoskeletal medicine and physical therapy, covering all aspects of diagnosis and management of sports-related injuries and physical activity. Extensively revised and expanded by the world's leading sports physicians, this fourth edition continues to set the standard as the pinnacle of current knowledge and practice in sports medicine. At 1,270 pages, 67 chapters and over 1000 full colour images, the fourth edition has 25% more content than the best-selling third edition. All aspects of diagnosis and management of sports-related injuries and physical activity are covered, including the fundamental principles of sports medicine, diagnosis and treatment of sports injuries, enhancement of sports performance and dealing with special groups of participants. With a focus on clinical relevance, each chapter has been comprehensively reviewed and updated and there are 13 brand new chapters covering hot topics such as challenging hip pain, sudden death in sport, hamstring tear management, sideline emergency care, and the latest in pain science. Led by Peter Brukner (Head of Sports Medicine and Sports Science, Liverpool Football Club) and Karim Khan (Professor, University of British Columbia, Vancouver), the 100 strong author team, representing 14 countries around the world, are all renowned experts in their field and have an average of 15 years practical experience.

**Key Features:**

- New companion website featuring over 4 hours of assessment and treatment video and audio material which will be updated regularly 12 months access with book purchase -
- Comprehensively reviewed and updated featuring an expert international author team - Expanded!
- Includes 13 new chapters covering topics such as hip pain, military medicine, prevention of sudden cardiac death and the integration of evidence into clinical practice - MORE illustrations than ever before with over 1000 colour photographs demonstrating techniques, exercises and sports injuries and purpose drawn full colour anatomical illustrations - Full colour text design greatly enhances readability of the content while clear colour differentiation for headings and figures ensures ease of use

The fourth edition is enhanced by a new companion website featuring "Clinical Sports Medicine Masterclasses Online." Readers will gain access to this secure site via a pincode included with the book. The site will include video clips of clinical examinations, interviews with leading experts and will be updated regularly. Brukner and Khan's Clinical Sports Medicine 4E provides excellent value as an authoritative clinical foundation for physiotherapists, medical practitioners, osteopaths, massage therapists, podiatrists, sports/athletic trainers, sports therapists, fitness leaders and athletes. It is widely adopted by students in sports physiotherapy, medicine, and human movement studies/kinesiology."

## Book Information

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## Customer Reviews

I am a PGY4 in Physiatry (university of toronto) and this is the best sports medicine book I have. A must buy for anyone in a related field. PROS: Well written, easy to read, details physiology and explanation with anatomy. Love the hard cover (makes it last). CONS: Big, would have liked more physical exam tests and their sensitivity/specificity. OVERALL: If you are thinking about this book, BUY IT. Everyone that I know that has this book has not regretted it.

This is great for helping with clinical reasoning when presented with a "problem area". Chapters are grouped into areas of the body, and sorted into common clinical conditions. Tests are nicely described. Some more anatomical pictures would be helpful, and I can't get the online component to work...

I'm a third year FM resident, who bought this book as a reference and also to accompany me on an ortho/sports med rotation. I'm nowhere near to covering all of the material, but I have read a few of the chapters that I feel are more "high yield" (knee pain, shoulder pain, hand pain). These are great, and fit hand in hand with what I'm learning from the ortho doc I'm working with (she's hardcore...treated many high level athletes and has been the team doc for a few olympic teams). Some of the chapters also offer photographs and descriptions of PT/strengthening exercises

for certain conditions. I do wish they talked more about reading specific x-rays, and also about joint injections (maybe they do and I haven't gotten there yet??). The book comes with a subscription to their website, which is not yet up and running...the go live date keeps getting pushed back. The website it supposed to have videos of exams (there are also pictures with descriptions in the book), among other things). Overall, I am very happy with this purchase. I think it will make a great reference for questions that arise around patient care of sports med/musculoskeletal issues. Part of the book is organized by "regional problems, " (ie. where is the pain) which make it quick to look things up based on a patient's complaint.

The bible of Sports Medicine just got bigger and better. I love the first 3 editions but this is an improvement. More content, more colour and interactive website to hone those skills. 10/10 from me

I was told (as a physiotherapy student) that this book would be the book that will stop you crying late at night. It lives up to that - very comprehensive.

The book is good for sports med docs, some uncommon diagnosis are not included so i have to go online to look for that. Otherwise its a good book. i won't say its best the best book for sports med doc. Physical exam is very well explained but the anatomy portion is not explained well. I will always like if they mention the root level association too. I am buying another sports med book soon, will see if thats any better than this.

It is becoming a classic sports medicine book for the residents and the sports medicine fellows. Illustrations guidance for diagnosis and rehabilitation are great. Dr. Nicola

You find what ever are you looking for as far as sport medicine. The book is rich with a lot of info regarding sport medicine.

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